

KETTLEBELL SPORT RANKING TABLE

LONG CYCLE

5 minutes events			(Male 32kg, Female 24kg)				(Male 28kg, Female 20kg)				(Male 24kg, Female 16kg)				(Male 20kg, Female 12kg)			(Male 16kg, Female 8kg)		
kg(EU)	lb(US)	Bodyweight class	Professional				Semi-Professional				Amateur				Semi-Amateur			Beginners		
			CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III
52	115	Strawweight	17	14	11	9	28	20	16	13	33	27	22	17	30	24	19	36	29	23
57	125	Flyweight	19	16	13	10	30	23	18	15	36	30	24	19	33	26	21	39	31	25
61	135	Bantamweight	21	18	14	11	33	26	21	16	39	33	26	21	36	29	23	41	33	26
66	145	Featherweight	23	20	16	13	35	28	23	18	42	36	29	23	39	31	25	44	35	28
70	155	Lightweight	26	22	17	14	38	32	25	20	46	38	31	25	42	34	27	47	38	30
74	165	Super lightweight	28	24	19	15	40	34	27	22	49	42	33	27	46	37	29	51	41	33
80	175	Welterweight	31	26	21	16	43	38	30	24	53	45	36	29	49	39	32	55	44	35
80+	175+	Super welterweight	33	27	22	17	47	40	32	25	56	47	38	30	53	42	34	59	47	38
84	185	Middleweight																		
89	195	Super middleweight	34	29	23	18	49	42	33	26	59	50	40	32	56	45	36	62	50	40
93	205	Cruiserweight	35	30	24	19	51	43	34	27	62	52	42	33	58	46	37	65	52	42
102	225	Heavyweight	36	31	26	21	53	44	35	28	64	54	43	34	60	48	38	67	54	43
102+	225+	Super heavyweight	37	32	27	22	54	45	36	29	66	55	44	35	61	49	39	69	55	44

JERK

5 minutes events			(Male 32kg, Female 24kg)				(Male 28kg, Female 20kg)				(Male 24kg, Female 16kg)				(Male 20kg, Female 12kg)			(Male 16kg, Female 8kg)		
kg(EU)	lb(US)	Bodyweight class	Professional				Semi-Professional				Amateur				Semi-Amateur			Beginners		
			CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III
52	115	Strawweight	27	22	18	14	45	32	26	21	53	43	35	28	48	39	31	57	46	37
57	125	Flyweight	30	25	20	16	49	36	29	23	58	48	38	31	53	42	34	62	49	39
61	135	Bantamweight	34	29	23	18	52	41	33	26	62	52	42	33	57	46	37	66	53	42
66	145	Featherweight	38	31	25	20	57	46	36	29	67	57	45	36	62	50	40	70	56	45
70	155	Lightweight	42	35	28	22	60	50	40	32	73	61	49	39	68	54	43	76	61	49
74	165	Super lightweight	45	37	30	24	64	55	44	35	79	66	53	42	74	59	47	82	66	52
80	175	Welterweight	48	41	33	26	69	59	48	38	85	71	57	46	79	64	51	88	70	56
80+	175+	Super welterweight																		
84	185	Middleweight	51	43	34	27	73	63	50	40	90	76	61	49	85	68	54	94	75	60
89	195	Super middleweight	54	46	36	29	77	66	53	42	95	80	64	51	89	71	57	99	79	63
93	205	Cruiserweight	57	48	38	30	81	69	55	44	99	83	67	53	93	74	59	103	83	66
102	225	Heavyweight	59	49	39	31	84	71	57	46	103	86	69	55	96	77	62	107	86	68
102+	225+	Super heavyweight	60	50	40	32	86	73	59	47	106	89	71	57	99	79	63	110	88	70

SNATCH

5 minutes events			(Male 32kg, Female 24kg)				(Male 28kg, Female 20kg)				(Male 24kg, Female 16kg)				(Male 20kg, Female 12kg)			(Male 16kg, Female 8kg)		
kg(EU)	lb(US)	Bodyweight class	Professional				Semi-Professional				Amateur				Semi-Amateur			Beginners		
			CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III
52	115	Strawweight	38	32	26	20	66	47	37	30	76	62	50	40	70	56	45	83	66	53
57	125	Flyweight	43	36	29	23	70	52	42	33	82	67	54	43	74	59	48	87	70	56
61	135	Bantamweight	48	41	33	26	76	59	47	38	89	73	58	47	80	64	51	93	74	59
66	145	Featherweight	54	45	36	29	81	65	52	42	96	79	64	51	87	70	56	99	79	63
70	155	Lightweight	60	50	40	32	87	72	58	46	103	86	69	55	94	75	60	106	84	68
74	165	Super lightweight	65	54	43	34	93	79	63	50	110	92	74	59	101	81	65	112	90	72
80	175	Welterweight	70	58	46	37	99	85	68	54	116	98	78	62	108	86	69	119	95	76
80+	175+	Super welterweight																		
84	185	Middleweight	74	62	50	40	106	90	72	58	122	103	82	66	114	91	73	125	100	80
89	195	Super middleweight	78	65	52	42	112	95	76	61	127	107	86	69	118	95	76	130	104	83
93	205	Cruiserweight	81	68	54	44	117	99	79	63	131	110	88	71	122	98	78	135	108	87
102	225	Heavyweight	84	71	57	45	122	103	82	66	135	113	91	73	126	101	81	140	112	90
102+	225+	Super heavyweight	86	72	58	46	125	106	84	68	139	116	93	74	129	103	83	144	115	92

BIATHLON

5 minutes events			(Male 32kg, Female 24kg)				(Male 28kg, Female 20kg)				(Male 24kg, Female 16kg)				(Male 20kg, Female 12kg)			(Male 16kg, Female 8kg)		
kg(EU)	lb(US)	Bodyweight class	Professional				Semi-Professional				Amateur				Semi-Amateur			Beginners		
			CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III
52	115	Strawweight	41	35	28	22	70	50	40	32	82	67	53	43	75	60	48	89	71	57
57	125	Flyweight	46	39	31	25	75	56	45	36	88	73	58	47	81	64	52	95	76	61
61	135	Bantamweight	52	44	35	28	81	63	50	40	95	79	64	51	86	69	55	102	81	65
66	145	Featherweight	58	48	39	31	88	69	55	44	102	87	70	56	93	75	60	109	88	70
70	155	Lightweight	64	53	42	34	94	77	61	49	110	95	76	60	100	80	64	117	94	75
74	165	Super lightweight	70	58	46	37	101	84	67	54	119	102	82	65	107	86	69	125	100	80
80	175	Welterweight	75	62	50	40	108	90	72	58	127	108	87	69	115	92	74	133	106	85
80+	175+	Super welterweight	80	66	53	42	115	96	77	62	134	115	92	73	124	99	79	140	112	90
84	185	Middleweight																		
89	195	Super middleweight	85	69	55	44	121	102	81	65	142	120	96	77	131	104	84	147	117	94
93	205	Cruiserweight	88	73	58	47	126	106	85	68	148	125	100	80	137	110	88	153	123	98
102	225	Heavyweight	91	75	60	48	130	110	88	71	152	129	103	82	143	115	92	159	127	102
102+	225+	Super heavyweight	93	78	62	50	134	114	91	73	156	132	106	84	148	118	95	163	131	105

TRIATHLON

5 minutes events			(Male 32kg, Female 24kg)				(Male 28kg, Female 20kg)				(Male 24kg, Female 16kg)				(Male 20kg, Female 12kg)			(Male 16kg, Female 8kg)		
kg(EU)	lb(US)	Bodyweight class	Professional				Semi-Professional				Amateur				Semi-Amateur			Beginners		
			CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III
52	115	Strawweight	46	38	30	24	77	55	44	35	90	74	59	48	82	66	53	98	78	63
57	125	Flyweight	51	42	34	27	83	62	50	40	97	81	65	52	89	71	57	105	84	67
61	135	Bantamweight	57	47	38	30	88	69	55	44	104	88	70	56	96	77	62	112	90	72
66	145	Featherweight	63	52	42	34	95	75	60	48	113	95	76	61	104	84	67	120	96	77
70	155	Lightweight	70	58	46	37	101	83	66	53	121	103	82	66	113	90	72	129	103	82
74	165	Super lightweight	76	63	51	40	109	90	72	57	130	110	88	71	122	97	78	138	110	88
80	175	Welterweight	82	69	55	44	117	97	78	62	138	118	94	75	131	104	83	146	117	94
80+	175+	Super welterweight																		
84	185	Middleweight	88	73	59	47	124	104	83	66	146	125	100	80	139	111	89	155	124	99
89	195	Super middleweight	93	78	62	50	131	110	88	70	154	131	105	84	146	117	94	163	130	104
93	205	Cruiserweight	97	81	65	52	137	116	92	74	161	137	110	88	153	122	98	169	136	108
102	225	Heavyweight	100	84	67	54	143	121	97	77	168	142	114	91	159	127	102	176	141	113
102+	225+	Super heavyweight	103	86	69	55	148	125	100	80	174	147	117	94	164	131	105</			

KETTLEBELL SPORT RANKING TABLE

LEGENDS

10 min

10 minutes events			Male 24kg, Female 16kg					Male 20kg, Female 12kg					Male 16kg, Female 8kg					Male 12kg, Female 6kg				
			Legends 50+ PRO					Legends 50+ Semi-PRO					Legends 50+ Amateur					Legends 60+ Semi-Amateur				
kg(EU)	lb(US)	Bodyweight class	MS	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III				
52	115	Strawweight	63	45	33	27	22	57	42	34	27	68	52	41	30	60	47	34				
57	125	Flyweight	67	48	37	30	24	60	45	37	29	72	55	44	33	64	50	38				
61	135	Bantamweight	72	52	41	33	26	64	48	40	32	76	59	48	37	68	54	42				
66	145	Featherweight	77	56	44	36	28	68	52	43	35	80	63	52	41	72	58	46				
70	155	Lightweight	82	60	48	39	30	72	56	46	38	84	67	56	45	76	62	50				
74	165	Super lightweight	87	64	52	42	32	76	60	50	42	88	71	60	49	80	66	55				
80	175	Welterweight	92	68	56	45	35	80	64	54	46	93	75	64	53	84	70	60				
80+	175+	Super welterweight	97	72	60	48	38	85	68	58	49	97	79	68	57	88	75	65				
84	185	Middleweight	101	76	63	51	40	89	71	61	52	101	82	71	60	91	79	69				
89	195	Super middleweight	104	80	66	54	42	93	74	64	54	104	85	74	63	94	83	73				
93	205	Cruiserweight	107	84	68	56	44	97	77	66	56	107	88	77	66	97	87	77				
102	225	Heavyweight	110	87	70	58	46	100	79	68	58	110	90	79	69	100	90	80				
102+	225+	Super heavyweight																				

10 minutes events			Male 24kg, Female 16kg					Male 20kg, Female 12kg					Male 16kg, Female 8kg					Male 12kg, Female 6kg				
			Legends 50+ PRO					Legends 50+ Semi-PRO					Legends 50+ Amateur					Legends 60+ Semi-Amateur				
kg(EU)	lb(US)	Bodyweight class	MS	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III				
52	115	Strawweight	92	75	57	47	38	90	69	56	43	106	83	65	47	94	72	50				
57	125	Flyweight	98	80	62	50	41	96	75	60	48	113	89	70	52	100	78	57				
61	135	Bantamweight	105	86	67	54	45	102	81	65	53	120	95	76	58	107	85	64				
66	145	Featherweight	112	92	72	58	48	108	87	70	58	127	102	82	64	114	92	71				
70	155	Lightweight	119	98	77	62	52	114	93	76	63	134	109	88	70	121	99	78				
74	165	Super lightweight	126	104	82	67	56	120	99	82	68	141	116	95	76	128	106	86				
80	175	Welterweight	134	110	87	72	60	127	105	88	73	148	123	102	83	135	114	94				
80+	175+	Super welterweight	142	116	92	77	64	134	111	94	78	155	130	109	90	142	122	102				
84	185	Middleweight	148	122	96	82	67	140	116	98	82	160	136	115	96	148	128	108				
89	195	Super middleweight	154	128	100	85	70	145	120	102	86	165	142	120	101	154	134	114				
93	205	Cruiserweight	160	132	104	88	73	150	124	106	89	170	146	125	105	160	139	120				
102	225	Heavyweight	165	135	107	91	75	155	128	110	92	175	150	129	108	165	144	124				
102+	225+	Super heavyweight																				

10 minutes events			Male 24kg, Female 16kg					Male 20kg, Female 12kg					Male 16kg, Female 8kg					Male 12kg, Female 6kg				
			Legends 50+ PRO					Legends 50+ Semi-PRO					Legends 50+ Amateur					Legends 60+ Semi-Amateur				
kg(EU)	lb(US)	Bodyweight class	MS	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III				
52	115	Strawweight	145	120	93	71	49	142	115	92	70	164	137	116	96	155	140	125				
57	125	Flyweight	150	125	98	75	52	147	120	97	74	170	142	120	100	160	145	130				
61	135	Bantamweight	156	130	103	80	56	153	125	102	79	177	147	125	105	165	150	136				
66	145	Featherweight	162	135	108	85	60	159	130	107	84	184	152	130	110	170	155	142				
70	155	Lightweight	168	140	113	90	64	165	136	112	89	191	157	136	115	176	160	148				
74	165	Super lightweight	175	146	118	95	68	172	142	117	94	198	162	142	120	182	166	154				
80	175	Welterweight	182	152	124	100	72	179	148	122	98	205	168	148	125	188	172	160				
80+	175+	Super welterweight	189	158	130	105	76	186	154	127	102	212	174	154	130	194	178	166				
84	185	Middleweight	195	162	134	108	80	192	158	132	106	218	180	158	134	198	184	170				
89	195	Super middleweight	200	168	138	111	84	197	162	136	108	224	185	162	138	202	188	174				
93	205	Cruiserweight	205	172	142	114	88	201	166	140	112	230	190	166	142	206	192	177				
102	225	Heavyweight	210	175	145	117	90	205	170	143	116	235	195	170	145	210	195	180				
102+	225+	Super heavyweight																				

10 minutes events			Male 24kg, Female 16kg					Male 20kg, Female 12kg					Male 16kg, Female 8kg					Male 12kg, Female 6kg				
			Legends 50+ PRO					Legends 50+ Semi-PRO					Legends 50+ Amateur					Legends 60+ Semi-Amateur				
kg(EU)	lb(US)	Bodyweight class	MS	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III				
52	115	Strawweight	156	128	98	78	58	153	120	97	73	179	144	117	90	163	135	107				
57	125	Flyweight	164	135	105	83	63	161	128	103	79	188	152	124	98	171	143	116				
61	135	Bantamweight	173	143	112	89	68	169	136	110	86	198	160	132	106	180	152	125				
66	145	Featherweight	183	152	119	95	73	178	144	117	93	208	169	140	114	189	161	134				
70	155	Lightweight	193	160	126	102	79	187	152	125	100	218	178	148	122	198	170	144				
74	165	Super lightweight	203	168	134	109	85	196	161	133	107	228	187	157	130	208	180	154				
80	175	Welterweight	214	176	142	116	91	206	170	141	114	238	197	167	138	218	190	165				
80+	175+	Super welterweight	225	184	150	123	97	216	179	149	121	248	207	177	146	228	200	176				
84	185	Middleweight	234	194	155	129	102	224	185	156	127	256	215	184	154	236	209	183				
89	195	Super middleweight	243	200	160	134	106	232	191	162	133	264	223	191	162	243	217	190				
93	205	Cruiserweight	250	205	165	138	110	239	197	167	138	272	230	198	168	250	224	197				
102	225	Heavyweight	256	210	170	142	114	245	202	172	142	278	235	203	172	257	230	203				
102+	225+	Super heavyweight																				

10 minutes events			Male 24kg, Female 16kg					Male 20kg, Female 12kg					Male 16kg, Female 8kg					Male 12kg, Female 6kg				
			Legends 50+ PRO					Legends 50+ Semi-PRO					Legends 50+ Amateur					Legends 60+ Semi-Amateur				
kg(EU)	lb(US)	Bodyweight class	MS	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	CMS	Rank I	Rank II	Rank III	Rank I	Rank II	Rank III				
52	115	Strawweight	177	140	106	86	66	169	130	106	82	198	158	128	98	180	148	116				
57	125	Flyweight	187	148	114	91	71	178	139	114	89	209	167	136	106	190	157	127				
61	135	Bantamweight	198	157	122	98	77	188	148	122	96	220	176	145	115	200	167	138				
66	145	Featherweight	209	166	131	105	83	198	157	130	104	231	186	154	124	210	177	149				
70	155	Lightweight	220	176	140	113	89	208	167	138	112	242	196	164	134	220	187	160				
74	165	Super lightweight	232	186	149	121	95	218	177	147	120	253	206	174	144	230	198	171				
80	175	Welterweight	244	196	158	129	101	229	187	156	128	264	217	184	154	241	209	182				
80+	175+	Super welterweight	256	206	167	137	107	240	197	165	136	275	228	194	164	252	220	193				
84	185	Middleweight	266	215	175	144	113	250	205	173	143	285	238	204	172	260	230	202				
89	195	Super middleweight	276	224	182	150	118	260	212	180	149	294	246	212	179	268	240	210				
93	205	Cruiserweight	285	232	187	155	123	268	218	186	154	302	254	220	186	276	248	218				
102	225	Heavyweight	293	238	192	159	127	275	224	192	160	310	260	226	192	284	255	226				
102+	225+	Super heavyweight																				

$BIATHLON = Jerk + \frac{1}{2} Snatch$
 $TRIATHLON = Long Cycle + \frac{2}{3} Jerk + \frac{1}{2} Snatch$

KETTLEBELL SPORT RANKING TABLE

FUTURES

LONG CYCLE

10 minutes events

kg(EU)	lb(US)	Bodyweight class	Girls	Boys
30	65	<i>Fuzzweight</i>		
43	95	<i>Leafweight</i>		
57	125	<i>Flyweight</i>		
57+	125+	<i>Super Flyweight</i>		
70	155	<i>Lightweight</i>		
70+	155+	<i>Super Lightweight</i>		

(Boys 12kg, Girls 6kg)		
Futures 16-		
Rank I	Rank II	Rank III
75	60	45
80	65	50
85	70	55
90	75	60

(Boys 8kg, Girls 4kg)		
Futures 12-		
Rank I	Rank II	Rank III
85	70	55
90	75	60
95	80	65
100	85	70

Girls
Boys

JERK

10 minutes events

kg(EU)	lb(US)	Bodyweight class	Girls	Boys
30	65	<i>Fuzzweight</i>		
43	95	<i>Leafweight</i>		
57	125	<i>Flyweight</i>		
57+	125+	<i>Super Flyweight</i>		
70	155	<i>Lightweight</i>		
70+	155+	<i>Super Lightweight</i>		

(Boys 12kg, Girls 6kg)		
Futures 16-		
Rank I	Rank II	Rank III
112	90	67
120	100	75
128	108	83
135	115	90

(Boys 8kg, Girls 4kg)		
Futures 12-		
Rank I	Rank II	Rank III
127	107	85
135	115	90
143	120	95
150	125	100

Girls
Boys

SNATCH

10 minutes events

kg(EU)	lb(US)	Bodyweight class	Girls	Boys
30	65	<i>Fuzzweight</i>		
43	95	<i>Leafweight</i>		
57	125	<i>Flyweight</i>		
57+	125+	<i>Super Flyweight</i>		
70	155	<i>Lightweight</i>		
70+	155+	<i>Super Lightweight</i>		

(Boys 12kg, Girls 6kg)		
Futures 16-		
Rank I	Rank II	Rank III
150	122	95
160	130	100
170	138	105
180	145	110

(Boys 8kg, Girls 4kg)		
Futures 12-		
Rank I	Rank II	Rank III
170	147	125
180	155	130
190	163	135
200	170	140

Girls
Boys

BIATHLON

10 minutes events

kg(EU)	lb(US)	Bodyweight class	Girls	Boys
30	65	<i>Fuzzweight</i>		
43	95	<i>Leafweight</i>		
57	125	<i>Flyweight</i>		
57+	125+	<i>Super Flyweight</i>		
70	155	<i>Lightweight</i>		
70+	155+	<i>Super Lightweight</i>		

(Boys 12kg, Girls 6kg)		
Futures 16-		
Rank I	Rank II	Rank III
180	145	110
190	155	120
200	165	130
210	175	140

(Boys 8kg, Girls 4kg)		
Futures 12-		
Rank I	Rank II	Rank III
202	175	137
215	185	145
228	193	153
240	200	160

Girls
Boys

TRIATHLON

10 minutes events

kg(EU)	lb(US)	Bodyweight class	Girls	Boys
30	65	<i>Fuzzweight</i>		
43	95	<i>Leafweight</i>		
57	125	<i>Flyweight</i>		
57+	125+	<i>Super Flyweight</i>		
70	155	<i>Lightweight</i>		
70+	155+	<i>Super Lightweight</i>		

(Boys 12kg, Girls 6kg)		
Futures 16-		
Rank I	Rank II	Rank III
202	162	122
215	175	135
228	188	148
240	200	160

(Boys 8kg, Girls 4kg)		
Futures 12-		
Rank I	Rank II	Rank III
225	192	157
240	205	165
255	215	173
270	225	180

Girls
Boys

$$BIATHLON = \text{Jerk} + \frac{1}{2} \text{Snatch}$$

$$TRIATHLON = \text{Long Cycle} + \frac{2}{3} \text{Jerk} + \frac{1}{2} \text{Snatch}$$